



TRAINING HIGHLIGHT:

TALKING WITH CHILDREN ABOUT SAFETY FROM SEXUAL ABUSE

Having age-appropriate, open conversations about our bodies, sex, and boundaries is an important step in protecting children from sexual abuse.

Talking about personal safety and sex creates a protective bond between parent and child, increases confidence for both, and instills knowledge that makes children and teens much less vulnerable. Building on the education provided in *Stewards of Children*[®], Darkness to Light's evidence-informed training on preventing, recognizing, and reacting responsibly to child sexual abuse, you will learn how to talk with and listen to children about sexual abuse and personal safety. It is highly recommended that participants complete *Stewards of Children*[®] prior to taking the course.

Available both online or as an in-person session delivered by an authorized Darkness to Light Facilitator, the training is also available in a Spanish-language version hosted by psychologist and CNN medical contributor Dr. Maris Azaret.

WHAT ARE THE OUTCOMES?

During the training, you will hear compelling stories from experts and survivors about how talking to kids can help prevent sexual abuse. You will also:

- define why relationships and resilience are the building blocks of safety for children.
- interpret examples of how to talk about personal safety with children of all ages.
- explore everyday opportunities to talk with children about sexual abuse using scenarios and interactive exercises.

WHAT ARE THE DISTINCTIVE FEATURES?

Darkness to Light is proud to offer this training, which includes:

- stories from featured survivors, experts, youth serving professionals, and parents.
- a course worksheet designed to help reinforce key concepts and serve as a resource guide on talking to kids about sexual abuse.
- interactive discussion about important issues in sexual youth serving organizations (facilitator-led only).
- knowledge checks (online only).

Find a Facilitator in your area or take the course online by visiting www.D2L.org/get-trained.



DARKNESS TO LIGHT[®]
END CHILD SEXUAL ABUSE

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